

SETU NEPAL ANNUAL REPORT 2021



Table of Contents

	<u>Page no</u>
1) Introduction.....	4
2) Confined areas of SETU Nepal.....	5
3) Annual Activities of SETU Nepal.....	6
3.1) Entrepreneurship Training.....	6
3.2) Income Generating Training for Livelihood.....	9
3.3) Finding of the status of training participants.....	11
3.4) Final Evaluation of IG training.....	13
3.5) Education Program.....	15
3.6) Health and well-being.....	17
4) COVID 19 support programs from SETU Nepal.....	18
4.1) Emergency support programs to PLHIV inside Kathmandu Valley.....	18
4.2) Emergency support to isolation center.....	19
4.3) Emergency support program outside the valley through local organization.....	20
4.4) Stationery support to children.....	21
5) Transit Home Activities.....	22
5.1) Visit to the Aviation Museum.....	22
5.2) E- Learning environment for children.....	22
5.3 Health Camp.....	23
5.4 Festivals and events celebration.....	24
6) Kind and Support.....	25
7) SETU Nepal Social Enterprise.....	26
8) Conclusion.....	27
9) Annexes.....	28

Abbreviations

Abbreviations	Full Forms
HIV	Human Immunodeficiency Virus
AIDS	Acquired Immune Deficiency Syndrome
COVID 19	Corona Virus Disease of 2019
PLHIV	People Living with HIV
SWC	Social Welfare Council
SNSE	SETU Nepal Social Enterprises

1. Introduction:

SETU Nepal is a non-profit organization, established in 2001 by a group of young professionals. SETU Nepal originally served as a bridge for women re-entering society after imprisonment. Gradually, SETU recognized similar difficulties faced by people infected with HIV, especially women and children. The rooted patriarchy makes the situation worse for such women and children as they are considered reprobates and are avoided in social as well as decision making activities of the society. With the realization that such women and children are not only infected physically but are affected mentally and financially as well, SETU Nepal initiated rehabilitation of such groups through Arati home (a transit home), providing counseling and income generating trainings to the associated people.

With the vision of sustainable improvement, raising awareness and removing the existing stigma in the society, it has been addressing many interrelated factors and age groups that directly and indirectly affect the life of this disadvantaged community with the help of nutrition programs for schools, empowerment programs, government school strengthening, etc.



2. Thematic areas of SETU Nepal:

With the support of ONGD-FNEL, SETU Nepal primarily targets following four major areas through which affected communities of all age groups, and gender are directly and indirectly benefited.

Education



Care and Support



Capacity Building



Health



3) Annual Activities of SETU Nepal

3.1) Small Entrepreneurship Training:

14

Women/year

Place of Conduct

Dhumbarahi Party Palace, Dhumbarahi,

Training Content:

- Basic Training on Business Development
- Specific Business Training
- Motivational Training

Training Objective:

- To motivate illiterate and semi-illiterate women affected by HIV to become financial independent by way of enterprise initiatives.
- To educate semi-literate women affected by HIV and provide practical business knowledge
- To inform semi-literate women of achievable business opportunities and to use the training to kick start their careers



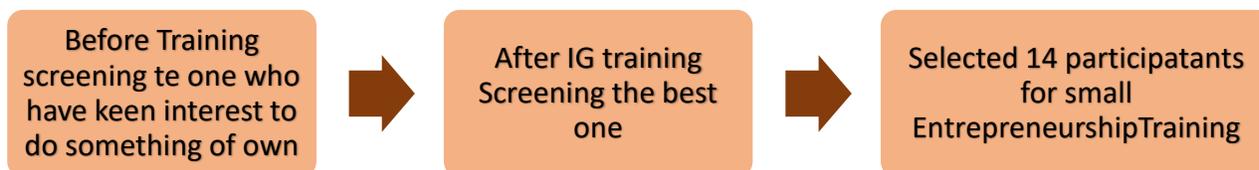


(It should be Practice)



(It shouldn't be Practice)

Process of Training:



Finding of Small Entrepreneurship Training:

- **2 out of 14** participants were house-wife who had never done any work before has now involved in partnership mobile cloth shop
- **About 22 % (3 out of 14)** who were engaged in private work sector now had adopted Goat raring, Batty kata nay, Pickle Delivery service as their business of their own.
- **3 participants among 14** who already started their business had expanded their resources where one had increase cow number, next two have added materials to their shops
- **1 by 7 part (2 out of 14)** were doing general farming for their livelihood but after training they started vegetable farming including duck and chicken raring
- **1** had started tailor shop after gaining knowledge and one had involved in delivering the knitting items of hat, gloves, socks etc. among tourist
- **2 out of 14 participants** were involved in daily chores activities before the training but now one has meat shop and another have vendor shoe shop

Participants of Small Entrepreneurship Training:

After Small entrepreneurship training one can observe the accurate influence of our training (program) and the outcome of our female entrepreneurs. These years due to COVID-19 we run the program focusing the Kathmandu valley beneficiaries. Some of their involvements are shown in pictures below:



Dhanamaya Dhang, Garuighat,
Knitted woolen products



Kalpna Bhujel, Mahankal, Fast
food Shop



Meera Kuwar, Narephat, Pickel
Bussiness



Ranjita Vetwal, Budhanilkantha,
Grocery Shop

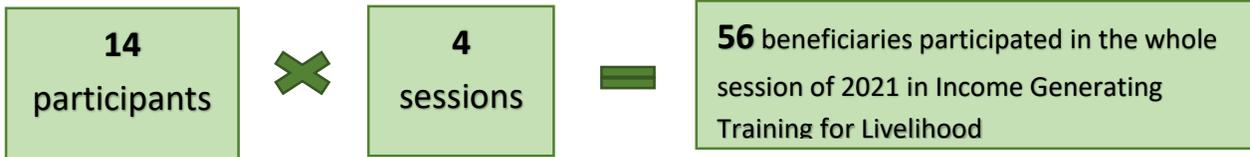


Kamala Karki, Gaurighat, Foothpath
shoe shop



Sabina Budhathoki, Kavresthali,
Vegetable farming

3.2) Income Generating Training for Livelihood:



Content of livelihood Training:

- Gender Discrimination
- Women Empowerment
- Health and HIV
- Hygiene and Nutrition

Objectives of Training:

- To empower HIV infected mothers/women and boost their self esteem
- To aware them about women rights, responsibilities and gender issues
- To provide them knowledge on nutrition & food habits, hygiene and meditation for their healthy living
- To provide financial support as seed money for livelihood activities initiation

Methods:

- Group discussions, presentations, role-plays, questions and answers, lectures, brainstorming, game, art, singing and demonstration

No. of session	Place of the trainings	Districts
1	Dhumbarai Party Palace	Kathmandu ,Lalitpur, Bhaktapur
2	Dhumbarai Party Palace	Kathmandu ,Lalitpur, Bhaktapur
3	Dhumbarai Party Palace	Kathmandu ,Lalitpur, Bhaktapur
4	Dhumbarai Party Palace	Sindhuli

Exposure Visit:

- This year after completing Livelihood training beneficiaries were taken to different places for their refreshment
- But this year the protocol was slightly changed due to COVID -19 increasing cases, so we managed our exposure visit after long break of training
- After all the safety of our beneficiaries comes at the first
- All the 4 sessions of livelihood Training beneficiaries were taken to four different places



- Our destination was Aviation Museum, Central Zoo, Changu Narayan, Narayanhiti Durbar
- Beneficiaries were provided Nutritional food , Transformational charge for their ease

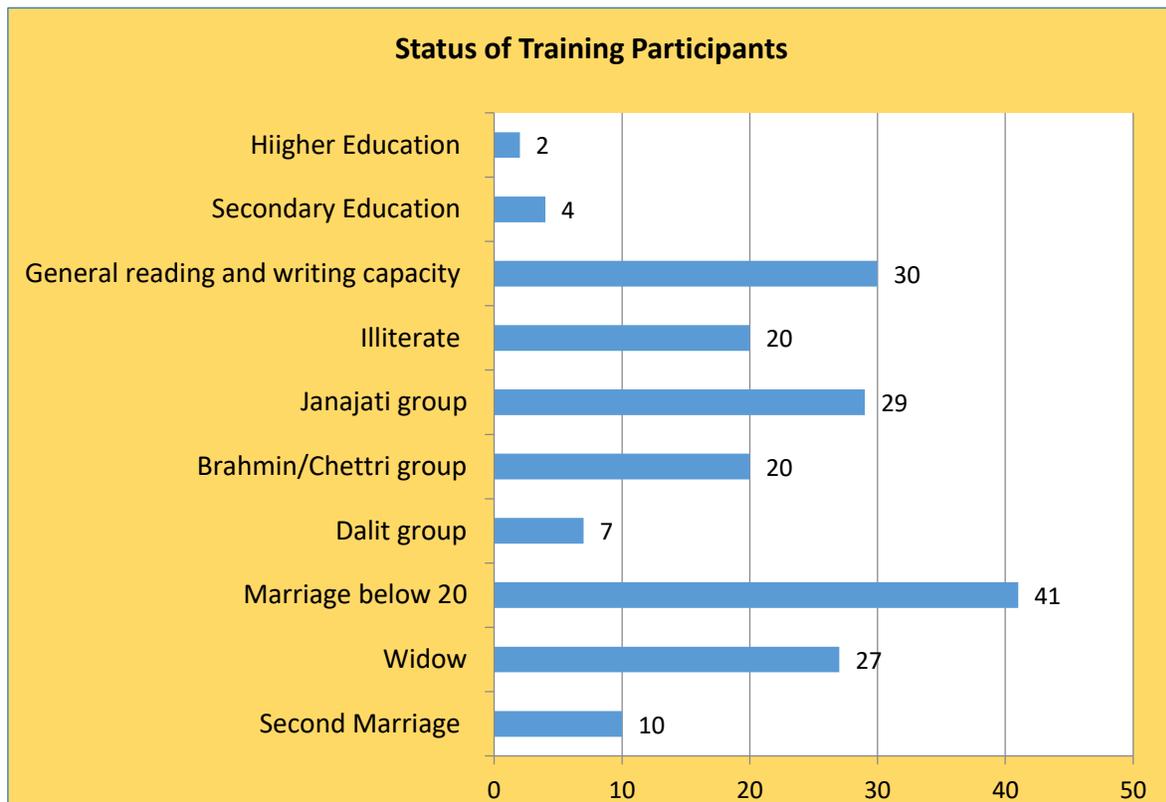
Beneficiaries phrase:

- *"I am so happy to see the plane and get its experienced because after being infected by Retro Virus it's like dream to think about plane and out of the country. To be in plane and get its experience was my eager dream which I have fulfil today. "*
- *"We are so happy to visit the temple after a long lockdown , when we enter to the place it gives us spiritual vibes"*
- Some beneficiaries were emotional seeing the central Zoo condition where animals and birds were in limited sort of food and many species were reduced from exhibition to control the cost.

3.3) Finding status of Participants:

56 Participants in altogether IG Training

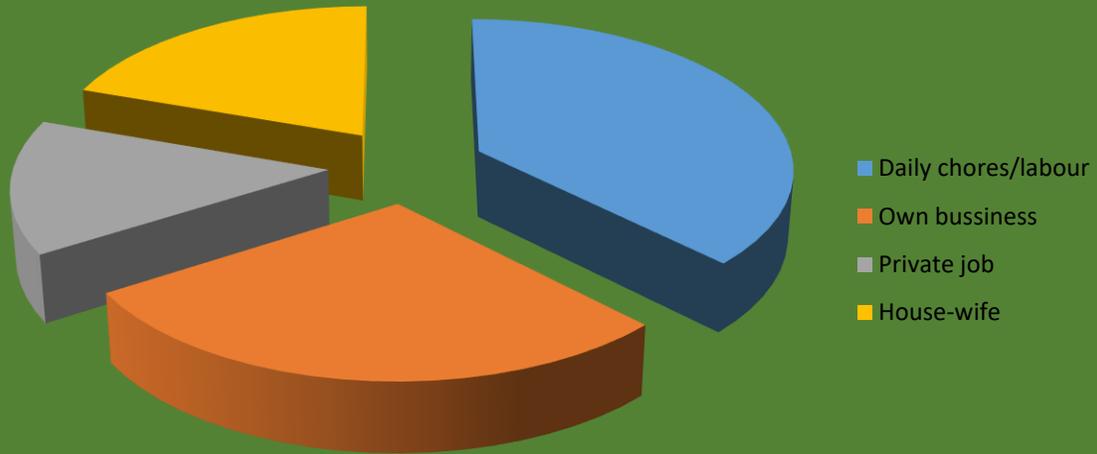
Rs 10,000 distributed among all individuals



- About 75% participants had done marriage at early age
- That might have increased risk of being infected by their husband
- Resulting widow by early age marriage

- None of them had any indigenous skills
- All of them had hide their infection status among society
- Majority number of people were previously involved in some work for their livelihood

Beneficiaries previous involvement



1st Session Training



2nd Session Training



3rd Session Training



4th Session Training

3.4) Evaluation of the Training

- After completing all the sessions of IG training the field monitoring was held in two phases

Pre –monitoring final monitoring

All the 56 individuals were monitored of their work done

Beneficiaries doing something were appreciated whereas stuck ones doing nothing were motivated to do something of their own

Monitoring was done both within and outside the valley



Julum Kansakar

She lives with her in laws under the same roof but separate kitchen. She is alone. Her husband is dead. She learnt to save money from training. She says “we need to save money whether less or more so that it’ll be useful in the future.” She spent her seed money in buying cotton and thread. Her mother helps her to some extent. Her family is supportive. She makes batti from cotton and janai from thread. She says that if we have interest we can earn for our survival. She started this since 8 years. She makes around 700 janai every day. In her free time or during travel, she makes batti. She gains good amount of profit from this. She sells 1000 janai for Rs. 650 and 1000 batti for Rs. 100. She is hardworking and dedicated towards her work. She wants to grow this business more if given chance and support. She is deserving candidate for Entrepreneurship training 2022.

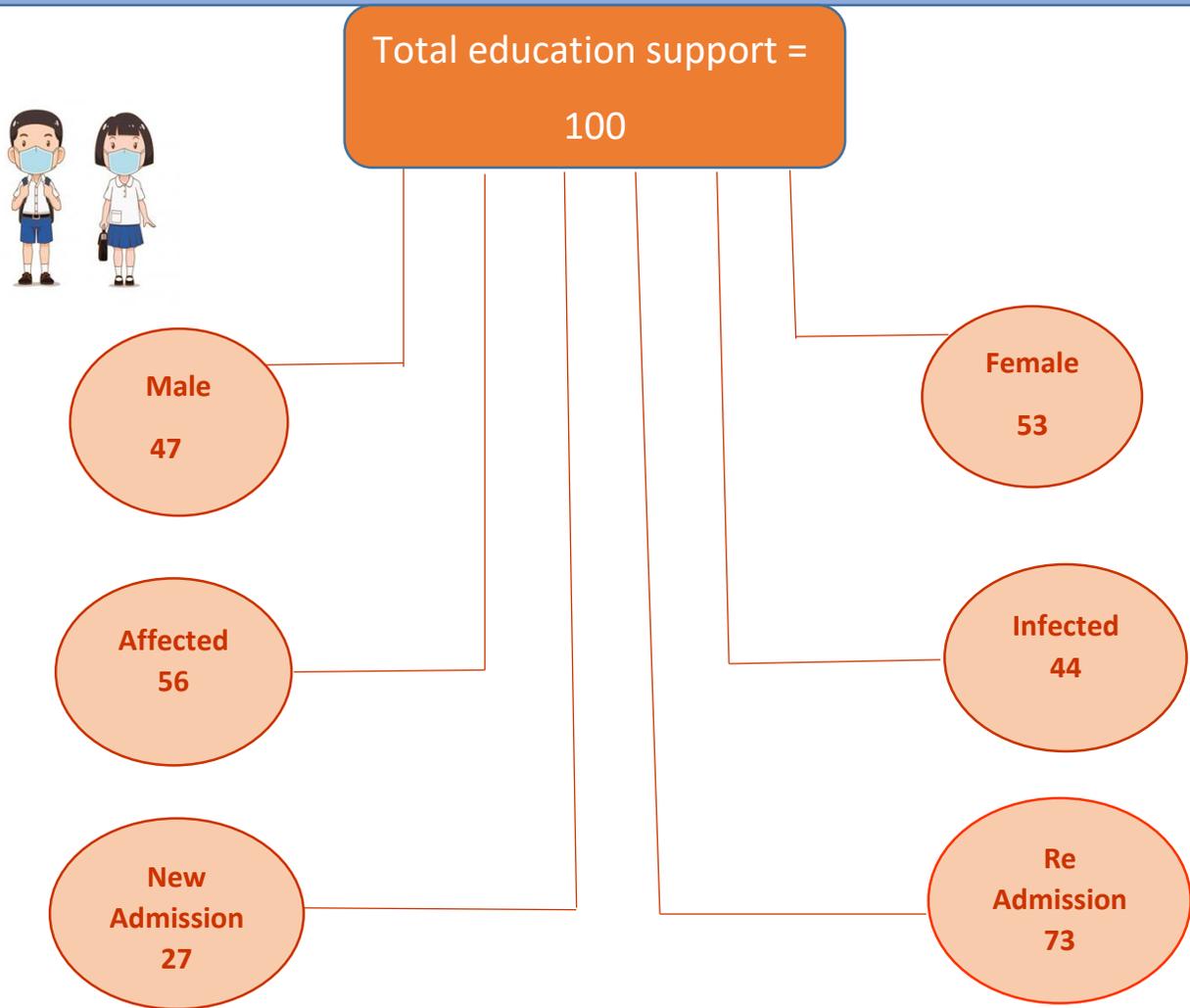
All the beneficiaries were monitored directly going to their home, or if not possible by phone calls

Remaining beneficiaries were monitored inside the Kathmandu

10 beneficiaries monitoring was done outside the valley



3.5) Education support



- 100 students are annually sponsored by SETU Nepal for their education
- Among them 47 were boy and 53 were female students
- 44 of them were infected by Retro virus whereas 56 were affected
- 73 of the old students where were readmitted whereas 27 were new admission and provided with short term help looking to their financial condition
- 16 of them passed out their SEE exam who were sponsored by SETU for their lifetime schooling



Providing Education support to the needy

Students were provided financial support looking to their grades

This year the students were from outside the valley (long term support) as well as inside the Kathmandu valley (Kathmandu, Lalitpur, and Bhaktapur)

More than 20 set of uniform including track , hat ,socks , bag ,sweater were distributed among the children on the occasion of AIDS Day(1st December)



Education being a thematic area of SETU Nepal, we always focus on education as the basic right of children. This prepares them to fight back in every obstacle in coming future.

3.6) Health and well being

“I have chosen to be happy because it is good for my health.”

There was only one girl child who took temporary shelter in Arati Home for short period of time this year

- All the necessary help are provided to the beneficiaries who come to ask help in SETU Nepal
- Basic health treatment is given to them at any cost
- If the condition is more than general help, we seek help with other people by raising fund and help them with their treatment
- This year also we helped 2 severe cases, one fighting from cervical cancer and another fighting with uterus problem. To provide them financial help of own was tough, but we managed somehow by raising fund from others
- Giving them financial help is one of our and providing them with emotional support in their battle is another



Doing HIV Test in the field from SETU Nepal Staff

Making people aware about HIV/AIDS infection and counseling the mass of people about it

Organizing health camp to the needy infected beneficiaries

Not only General checkup but they were provided with medicine and clothes as a additional support

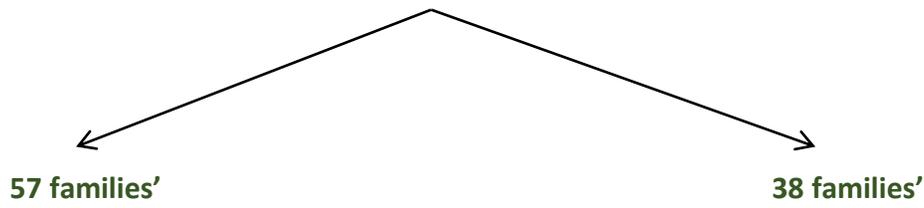


4. COVID-19 response program of SETU Nepal:

- With the outbreak of second variant there was another lockdown phase in Nepal
- There was scarcity of basic necessity materials
- So, we planned to arrange relief distribution programs in different sectors including individual support , isolation centers, local bodies , school as mentioned below

4.1) Emergency Support program to vulnerable communities inside Kathmandu Valley

(95 families including 91 HIV positive and 4 non HIV were supported)



(Included groceries, sanitizing materials)



(Included cash equal to amount supplies per head)



(Groceries and sanitizing materials included: Rice 25 Kg, Salt 1 packet, soya chunk ½ Kg, pulse 1 Kg, Sarbottam Pitto 1 pack, mask 50 pc, Sanitizer 1 bottle-500ml, soap 3pc)

Rs 2950 per head cash were distributed among beneficiaries

4.2) Emergency Support program to isolation center:

The hospitals and the isolation centers of Kathmandu were facing shortage of proper medical supplies as most of the infected and death cases were seen in the capital itself. Isolation center in Gaushala, Kathmandu Municipality run by Nawa Nyano Foundation was supported with necessary equipment's by SETU



Medical equipment's included: Cetophen tablets, Feza tablets, Infexim tablets, Sanitizer bottles 500ml, Digital blood pressure devices, Face shields, KN95 masks, PPE kit, Packet of jeevanjal, Hand gloves etc.

Groceries items includes: Rice, Pulses, Beaten rice, Bengal gram, Oil, Biscuit, Sarbottam lito, Soya chunks, Hot bags, Bed sheets with pillows, Blankets, Mosquito nets, dustbins etc.

4.3) Emergency Support Program outside the valley through Local Organization:

About outside the Valley:

- After completing the relief program inside Kathmandu valley, our focus was outside the valley
- Sindhuli and Ramechhap district was the main concern areas which included Dhuhauli Municipality and Manthali Municipality
- All the materials were handed through Local Coordinating Bodies
- Local Organizations collective concern society in Sindhuli and Shrijansil Yuwa Samaj in Ramechhap helped in reaching Local communities and organization
- Materials provided to Sindhuli District: Oxygen mask, Thermal guns, Personnel protective equipment, Face shield, KN95 masks, Surgical mask, Gloves, Oxy meters, Sanitizer, Phenol, Spray tank
- Materials provided to Ramechhap District Oxygen mask, Gloves, Surgical masks, Personal protection equipment, Sanitizer, Chlorine, Oxygen cylinder



4.4) Stationery Support to BAL Sarathi Academy:

- The lockdown not only restricted people from going out but also blocked the studies.
- Private schools have opted for online learning but it isn't for all since there are many students who cannot afford a device for online classes.
- BAL Sarathi School has been providing education to the poor children from the Pashupati area for free of cost
- With the mindset that students shouldn't miss studies even in lockdown, SETU provided with stationeries to 15 students of BAL Sarathi School to ease their difficulties and with the vision that the students will have something to study and learn from while staying at home.



Providing Stationery support to BAL Sarathi School which included 15 book sets

5. Transit Home Activities:

5.1) Visit to the Aviation Museum:



Children are curious in nature. So, they were brought to this museum. There were several questions like: Who flies the plane? How can we enter inside the plane? etc. Those entire questions were solved and answered after visiting the museum. They enjoyed the outing and it was refreshment for our juniors after a long time.

5.2) E-learning environment for children:

We have managed our best in providing them a good learning environment while staying at home too. The kind donation from ONGD for purchasing IT equipment made us able to properly manage the home with such a great platform. The interaction skills and the confidence level of children have improved significantly with this access to technology and the internet. We have managed a staff that have been guiding and tutoring them for study, assignments and attending virtual classes.



5.3) Health Camp:



•A team of two doctors and nurse: Dr. Santosh Pokhrel, Dr. Santoshi Pokhrel, Nilam Yogi (Nurse), Jeliva Thapa (Nurse) conducted health camp providing general checkup

•General body checkup was carried out in transit home (Arati Home) including 11 children and two care takers

•10 children were permanent children of Arati home where as one was temporary resident who came for overcoming trauma and health check up

•General medicines were prescribed after checkup and recommended for further follow up was instructed by doctors

5.4) Festivals and events celebration:



Kids surprising and celebrating their mentor (Govinda Pd. Bhattra)



Gift received from Prof. Govinda Pd. Bhattra Sir



Celebrating Krishna Janama Asthami



Kids receiving their dashain tika from mother



Kids enjoying Bhai tika



Enjoying Dashain festival



Kids getting ready for Bhailo



Gunyo Cholo given to two kids

6. Kinds and Support:

“For a plant to grow from a seedling to plant it needs proper care and support, likewise to grow gradually from its initial steps the role of well wishers and philanthropists is crucial for SETU Nepal”

- Thank you, Suham Agrawal Sir, for always supporting us and remembering our kids in every moment to cheers.
- Special thanks to little sister Sambhabi Joshi for making our kid's children day memorable by exchanging gifts among us.
- We would like to thanks ICRI (International child Research Institute) Nepal branch for gifting us the medical equipment's that contain Oxy-meter, Glucose detector meter, Sphygmomanometer that really aid in medical support facilitation in SETU Nepal
- Sincere thanks to Dr. Santosh Pokhrel team for organizing Health camp that really made us as well as our juniors aware about multiple health issues and concerns
- We are grateful to CECI, for providing furniture to us which are being used to fullest for different purposes in Transit Home and office of SETU Nepal



7) SETU Nepal Social Enterprise

As a company SETU Nepal Social Enterprise (SNSE) can conduct different profit-making activities so that different fund-raising goals can be met. Established by Setu Nepal in 2018, all the profits earned from the activities conducted under SNSE is utilized by Setu Nepal for its operation and welfare.

Poultry being one of the activities proposed under SNSE, this year a small-scale poultry farming under direct surveillance of Setu Nepal has been initiated which is on its embryonic stage. With rearing of local chicken, the business is gradually climbing to profit side after selling of significant number of chickens. Thus, it has been a good source of eggs as well as income.

It has also provided a very good nature learning platform for the children of transit home where they look after the chickens and enjoy being with them.

8. Conclusion:

This year SETU Nepal had a mixed experience of conducting regular programs as well as some additional ones. The new program included COVID 19 Response Program which really helped us to find out the actual scenario of Kathmandu valley and be familiar with, any seen yet unseen situation of capital city. Likewise, our old program included Livelihood training, Small Entrepreneurship Training, Exposure Visit, Education Support, Monitoring and Evaluation, etc. that were successfully conducted.

The summed-up review of this year can be outlined as:

- Successful conduction all four sessions of Income Generating Training thus benefitting 56 HIV infected vulnerable mothers, where all were provided with Rs 10000 cash support to either start up income generating activities on their one or improvise the existing one
- 14 beneficiaries from previous year (2020) IG training were selected for small entrepreneurship training who demonstrated really well after IG training by effectively utilizing the cash support provided and other motivation delivered in training
- 100 students were supported for their education among which 73 were re-admission and remaining were new one.
- Monitoring and evaluation were done in time and was highly interactive providing the insights of actual condition of vulnerable mothers in different part of our target areas
- Alignment with government strategy by conducting COVID 19 Response Program through relief distribution and equipment support for affected individuals and Isolation Centers run in different affected areas of country

ANNEXES

Annex: 1 (Entrepreneurship Training Format)

Rapport Built up

- Information inauguration
- Introduction among participant and facilitator
- Objectives of Training
- Rules and Regulation of Training
- Training Concept and methodology

Stationeries/materials used in training program

- White board
- News print/Brown paper
- Meta card
- Flip chart
- Posters
- Marker / Color pen
- Masking Tap etc.

Training Content

Rapport Build Up

- Informal inauguration
- Introduction among participant and facilitator
- Objectives of Training
- Rules and Regulations of Training
- Training Concept and methodology

Contents

Business Literacy

- Sales: What are you really selling? Vitamin or a painkiller?
- Marketing: Always be marketing
- Collecting Feedback from customers
- 5 Benefits you offer to customers
- Account keeping

Financial Literacy

- Life Cycle Needs
- Why saving, challenges of saving, developing a saving plan
- Financial planning
- Your money Vs. Others' money
- Reasons for taking loan
- Tips for loan management and ask yourself before taking loan
- Preparation of Budget. Importance of budgeting

Motivational Training

- Mindfulness
- Positive thinking Paradigms
- Good habits to redefine ourselves
- Team work and its importance
- The timed value of life and professionalism
- Sustainability and self-reliance
- Accountability and integrity
- Self-honest, compassion and how to maintain fruitful relationships
- Reintroduction following ostracism
- Spirituality
- Summary for the training program
- Distribution of seed money
- Closing

Annexes: 2

Participants Information Sheet (Entrepreneurship list)

S.N	Personal Details				Address	Involvement		
	Name	Age	Education	Marital Age		Previous	After IG training	Present work
1.	Dewaki Bhatta Aryal (9843734895)	42	10		Dahachowk	Cow Raring	Increase number of cows	Continuing the same occupation
2.	Rajani Kunwar (9841648634)	30	7		Tokha	House-wife	Mobile Cloth shop	Continuing the same occupation
3.	Kamala Karki (9869236687)	50	G.E	19	Gaurighat	Involved in daily chores activity	Open footpath shoe shop	Continuing the same occupation
4.	Ranjita Vetwal (9841741608)	44		17	Buddhanilkantha	Glossary shop	Extended the shop	Continuing shop with raring hens and ducks
5.	Deepa Karki (9862720826)	26	10	14	Jadibuti, Bhaktapur	Was learning stitching	Open tailoring shop	Continuing the same occupation
6.	Bhagwati Rai (9808084779)	35	Illiterate	25	Budhanilkantha	Used to cultivate vegetable for small scale	Involved in vegetable farming	Continuing the same occupation
7.	Sabina Budhathoki (9849003666)		Illiterate	21	Kavresthali	Normal vegetable farming	Involved in vegetable farming, duck rearing, vermicomposting etc.	Continuing the same occupation
8.	Goma Dhakal (9849189629)	45	SLC	30	Sindhuli	Private work	Involved in making cotton lights for selling purpose	Cotton lights occupying the traditional market
9.	Sumitra Bhujel (9843834895)	43	10	22	Jhapa	House-wife	Mobile cloth shop	Continuing the same occupation

10.	Mira Kunwar (9849094538)	47	10	16	Achham	Private office	Pickle Business	Homemade pickle with extended service of delivery
11.	Kalpna Bhujel (9813062838)	38	G.N	17	Sindhupalchok	Involved in hotel Business	Extended the shop	Continuing the same occupation
12.	Dhana Maya Dangi (9843390232)	48	8 pas s	15	Surkhet	Private job	Goat rearing including vermicomposting	Continuing the same occupation
13.	Maiya karki (9844307466)	36	G.N	14	Dolakha	Involved in daily chores activity	Started meat shop	Have extended the shop with upgraded resources
14.	Shanta Tamang (9841268930)	45	G.N	16	Koshiyari	House wife having habit of knitting sweaters, gloves, hats etc.	Involved in making various woolen items for selling	Continuing the same occupation

Annex: 3 (Content of livelihood Training)

Rapport Built up

- Information inauguration
- Introduction among participant and facilitator
- Objectives of Training
- Rules and Regulation of Training
- Training Concept and methodology

Stationeries/materials used in training program

- White board
- News print/Brown paper
- Meta card
- Flip chart
- Posters
- Marker / Color pen
- Masking Tap etc.

Training Content

1. **Rapport Build Up**
 - Informal inauguration
 - Introduction among participant and facilitator
 - Objectives of Training
 - Rules and Regulations of Training
 - Training Concept and methodology

2. **Contents**

Self-realization

- Sex and Gender issues

(Biological and social)

- Existing Nepalese society

(Patriarchy)

- Role/Status and condition of male and female in society
- Why women tolerate violence?
- Are men happy...?
- How are women responsible in their violence?
- Women empowerment
- Gender Equity
- Positive attitude towards self and other
- Therapies: Art and Meditation

Health and Sanitation

- Gender and Women Health (reproductive, STD/HIV, UTI)
- Concept of HIV and AIDS, Immune cells or CD4 cells, STI, OI
- Gender and HIV
- Social factors behind HIV infection
- Management of HIV infection (By Nutrition, Hygiene, meditation, care and support)
- Role of family, society and state towards HIV management

Hygiene practices for Healthy Living

- Personal Hygiene
- Hand Washing
- Water purification
- Gender and Women Health (reproductive, STD/HIV, UTI)
- Concept of HIV and AIDS, Immune cells or CD4 cells, STI, OI
- Gender and HIV
- Common health problem mostly seen in infected child
- Health management of infected children
- Hygiene Practices for healthy living
- HIV and women Empowerment – Social factors behind HIV infection
- Management of HIV infection (By Nutrition, Hygiene, meditation, care and support)
- Role of family, society and state towards HIV management

Nutrition

- **Food and its relation to Health**
- **Relationship between HIV/AIDS and Nutrition**
- **Nutritional impacts of HIV**
- **Good Nutritional practices for infected people**
- **Balanced diet management through locally available food materials**
- **Malnutrition and Child health (Definition, types)**
- **Water purification**
- **Food Handling and storage**
- **Food habits and taboos prevalent in our society**

Closing

- **Summary for the training program**
- **Distribution of seed money**
- **Closing**

Annex: 3(A)

Mother to Child Care Income Generating training

SETU Nepal

Lalitpur -15, Khumaltar

Session: 1st, 2021

District: Kathmandu, Lalitpur, Bhaktapur

Participants Information Sheet

S.N.	Personal Details				Address	Children					Husband Status	Remarks
	Name	Age	Edu	Marital Age		Name	Sex	Age	Edu	HIV Status		
1.	Abina Magar (9844359464)	28	12	21	Ramechapp/Kapan	-	-	-	-	-	-VE(Alive)	Infected by blood transfusion during operation before marriage (have good support from Husband)
2.	Anita Shrestha (9823849258)	42	1	22	Hadighaun	Babita Shrestha	F	19	12	-VE	+VE (Death)	Involved in tailoring with the support from her children
						Sita Shrestha	F	14	10	-VE		
						Kabir Shrestha	M	6	UKG	-VE		
3.	Goma Shrestha (9803411414)	57	G.e	30	Bhaktapur / Sitapaila	-	-	-	-	-	+VE (Death before 17 years)	Alone and fighting of financial crisis.

4.	Jeena Chaudhary (9863350176)	41	7	21	Morang/ New Road	-	-	-	-	-	+VE (Death before 8 years)	Daily chores as ultimate way to overcome her livelihood crisis.
5.	Meera Khadki (9808992200)	43	G.e	11	Kathmandu/ Kalanki	Bimal Khadki	M	28	8	-VE	+VE(death 3 years ago by HIV)	Mobile vegetable shop
						Bipul Khadki	F	16	10	-VE		
						Bisestha Khadki						
6.	Muna Karki (9849004936)	29	4	15	Balkhu	-	F	12	7	-VE	+VE (death , had been to Malaysia for 10 years)	ART started before 3years.
7.	Muna Magar (9849158985)	24	8	20	Gaighat/ Tokha	Tanuja Ale	F	4	Nursery	-VE	-VE	Infected from her Mother who had been to Malaysia those days.
8.	Prabha Pokhrel (9849031342)	44	G.e	18	Janakpur /Godawari	-	-	-	-	-	+VE (contactless)	Single person living without any one support.
9.	Rebika Tamang (9845061004)	42	G.e	17	Kakani/ Lolang	Ishwor Tamang	M	26	8	-VE	+VE (death)	Labor work being ultimate source of her income
						Ishan Tamang	M	25	8	-VE		

10.	Rita Khatwal (9860340869)	26	2	17	Okhaldhunga /Gothatar	Ashika Khatwal	F	7	UKG	-VE	+VE (Works in india, now contactless)	She prefer labour work to run her livelihood.
11.	Sarsawati Thapa (9803897748)	46	G.e	11(1 st) 26 (2 nd)	Sindhuli/ Phutung	Arjun Thapa Bishuk Thapa Arbin Thapa	M M M	22 14 12	12 6 5	-VE -VE -VE	+VE (Death) -VE (6 month ago)	1 st marriage was child marriage which lead to partner death and her infection. Despite knowing the fact of infection relation was normal with partner
12.	Sita Lama (9803397397)	45	G.e	25	Trishuli/ Kghadaghari	Sandesh Shrestha Sandika Shrestha	M F	20 12	10 4	+VE -VE	+VE (1 st Husband death 19 years ago) +VE (2 nd Husband, labour work)	ART started 20 years ago)
13.	Sona Lama (98618779238)	44	7	18	Dhading / Swyambhu	Sagar Lama Arjun Lama	M M	23 20	7 12	-VE -VE	-VE (Death)	Infected during transfusion of blood in Hospital.
14.	Tara Thapa (9847120718)	40	10	25	Sunsari/ Samakoshi	Ishakna Thapa	F	10	3	-VE	+VE (involve in agriculture)	Dealing with various complication along with uterus cancer.

Annex: 3(B)
Mother to Child Care Income Generating training
SETU Nepal
Lalitpur -15, Khumaltar

Session: 2nd, 2021

District: Kathmandu, Lalitpur, Bhaktapur

Participants Information Sheet

S.N.	Personal Details				Permanent / Current Address	Children					Husband Status	Remarks
	Name	Age	Edu	Marital Age		Name	Sex	Age	Edu	HIV Status		
1.	Anita Shadshankar (9813105063)	27	G.e	23	Nuwakot/ Swoyambu	Prashna Shadshankar	F	3	PG	-VE	+VE(making silver ornament)	Done permanent family planning(don't know about PMCT)

2.	Anju Deula (9843448666)	31	9	17	Chitlang/ Swoyambhu	Adee Deula	M	16	10	-VE	+VE (major heart attack, now involve in chicken raring)	Self-employed and doesn't care about other perception
3.	Anu Chaudhary (9818376010)	40	G.e	19 (1 st) 26 (2 nd)	Dhang/ Ramkot	Yubraj Chaudhary Anugraha Chaudhary	M F	18 10	10 3	-VE -VE	+VE (1 ST husband) -VE (2 nd husband , house constructin g work)	Sells vegetables for livelihood
4.	Bimala Khadki (9849951380)	45	7	21	Bagbazar/ Bagbazar	Rojesh Khadki	M	23	10 (with held)	-VE	+VE (Unemployed)	Support from husband and son in every steps of life.
5.	Julum Kanshakar (9841869934)	48	10	23	Dallu/ Dallu	-	-	-	-	-	+VE (death)	Single women with full support from family.
6.	Lalita Chaudhary (9808036572)	40	G.e	13	Ithari/ Lazimpat	Karan Lal Chaudhary Ajay Lal Chaudhary	M M	25 18	10 10	-VE -VE	+VE (Death)	Employed at hospital whose life line is her children
7.	Laxmi Khatiwada (9803085591)	49	G.E	25 (1 st) 41(2 nd)	Bhaktapur/ Thamel	Aryan Khatiwada	M	2.5	Nursery	+VE	-VE (1 ST husband) +ve (2 nd husband , tailoring)	Not having marriage certificate including son birth certificate from husband.

8.	Malika Shakya (9808933622)	48	Test pass	21	Kathmandu / Basantapur	Roman Shakya	M	25	Mast er	-VE	+VE (death by HIV)	Mother and son being each other support.
9.	Motimaya Rana (9843726079)	34	8	18	Mahotari/ Basundhara	Dipisha Rana	F	15	10	+VE	+VE (death by HIV , 17 years ago)	Early age widow caused different allegation from society.
10.	Sharmila Lama (Gole) (9869573471)	52	G.E	23	Dolkha/ Buddhanilk hantha	Sujana Gole Anish Gole	F M	28 18	Mast er 12	-VE +VE	+VE (Death, Indian Worker)	Art started 24 years ago.
11.	Sharmila Tamang (9742424371)	25	G.E	21	Nuwakot/ Balaju (by pass)	Saugat Tamang	M	9	1	-VE	-VE (1 st husband, alive) +VE boyfriend, death)	Started ART 56 years ago.
12.	Shova Rai (9861640784)	42	7	20 (1 st) 26 (2 nd)	Solukhumb hu/ Buddhanilk antha	Tikan Rai	M	14	9	+VE	+VE (1 st husband alive) +ve (2 nd husband alive, supportive, running tea shop)	When child was suspected positive father (1 st husband)ran away without accepting the truth

Annex: 3(C)

Mother to Child Care Income Generating training

SETU Nepal

Lalitpur -15, Khumaltar

Session: 3rd, 2021

District: Kathmandu, Lalitpur, Bhaktapur

Participants Information Sheet

S.N.	Personal Details				Permanent / Current Address	Children					Husband Status	Remarks
	Name	Age	Edu	Marital Age		Name	Sex	Age	Edu	HIV		

										Stat us		
1.	Anita Subedi (9860096657)	41	7 pass	19 yrs 27 yrs	Mitrapark/ Boudha	Prashida Khadki	M	11	6	-ve	1 st +ve (Death) 2 nd -ve (tourist guide , supportive)	ART started 14 years ago
2.	Bimala Bista (9845359927)	30	GE	16	Nuwakot/ Phutung	Bimal Bista Arav Bista	M M	9 6	3 nurs ery	-ve -ve	+ve (ear cancer, painter, death)	Support from family
3.	Ganga Khadka (9849320426)	46	GE	13	Kanchanpur/ Tokha	Suresh Khadka Ganesh Khadka	M M	23 21	7 pass 12 goi ng	-ve -ve	+ve (death)	Daily chores for livelihood.
4.	Gita Khatri (9860628609)	50	4 pass	22	Panauti/ Phutung	Abhishek Khatri	M	24	B.E com plet ed	-ve	+ve (death)	Leading life by self-motto.
5.	Indira Poudel (9809116086)	33	8 pass	21	Chitwan / Dhumbarai	Safal Poudel	M	11	3	+ve	+ve (contactles s)	Child sponsor by the organization for study.
6.	Jogmaya Gurung (9846995186)	49	G.e	26	Lamjung/ Swyambhu	-	-	-	-	-	+ve(death)	Support from family and organization

7.	Kabita Magar (9860279624)	30	G.e	20	Sarlahi/ Chabahil	Bibesh Magar Smarika Magar	M F	9 3		+ve -ve	+ve (Labor work, supportive)	Involved in daily chores
8.	Kumari Tamang	45	G.E	17 27	Sarlahi/ Jadibutti	Sandesh Tamang Ritu Tamang	M F	18 7	2pas s nurs ery	-ve -ve	1 st (+ve , death) 2 nd (-ve, labor work)	Daily chores for livelihood
9.	Nirjala Panta	35	G.E	19	Kavre/ Dhapakhel	Sushana Panta Simiyon Panta	F M	7 5		-ve -ve	+ve(Less supportive , labor work)	Running life though labor work
10.	Pampha karki (9818940771)	32	10 pass	19	Sindhuli/ Jadibutti	Pratik Karki	M	10	3	+ve	+ve (Driver of SAJA Bus)	Cultivating vegetable
11.	Radha Magar (9847694321)	30	6 pass	17	Kathmandu/ New road	-	-	-	-	-	+ve (Engineer)	ART started 1 year ago
12.	Sarsawati Budhathoki (9849679877)	42	7 pass	19yr (1 st) 24yr (2 nd)	Chitwan/ Hattigaudha	Ajit Budhathoki Ranjit Budhathoki	M M	22 18	12 12(o ngoi ng)	-ve +ve	1 st (+ve)(Deat h) 2 nd (- ve)(alive, Security guard)	Huge support from Husband despite knowing her status.
13.	Shanti Adhikari (9841431929)	37	G.E	15 yr 25 yr	Nuwakot/ Nepaltar	Manish Giri	M	22	10 Pass	-ve	1 st (unknown) 2 nd (+ve, Social Worker)	ART started 4yrs ago.

14.	Sita Kuwar	40	7 pass	14 yrs	Tanahu/ Budanilkant ha	Puja Kuwar	F	25yr	Bach leor goin g	+ve	+ve (death)	Employed in NAPN as office assistance.
15.	Yanki Sherpa	41 yr	8 pass	29 yr	Sindhupalcho wk/ sundarijal	-	-	-	-	-	+ve Husband death before 6 month ago	Husband used to be support system for her.

Annex: 3(D)

Mother to Child Care Income Generating training

SETU Nepal

Lalitpur -15, Khumaltar

Session: 4th, 2021

District: Sindhuli

Participants Information Sheet

S.N.	Personal Details				Address	Children					Husband Status	Remarks
	Name	Age	Edu	Marital Age		Name	Sex	Age	Edu	HIV Status		
1.	Ambika Magar (9827787566)	35	G.E	15	Sindhuli (Bhiman -9)	Asmita Magar Raj Magar	F M	19 15	12 9	_ve -ve	+ve (driver in Kathmandu)	Involved in labor work for survival of kids including herself.
2.	Anjali K.c (9840413278)	34	7 pass	19	Sindhuli (Ka.Na.Pa-4)	Archit K.C	M	14	7	-ve	+ve (Previously work in India, now driver, unsupportive)	Daily chores for survival.
3.	Dilkumari Tamang (9819227045)	39	G.E	23	Sindhuli (Phikkal-1)	Jishan Tamang	M	9	4	-ve	+ve (Job at NAPN, supportive)	She was thrown out of her work place (finance) when she was known HIV positive
4.	Gamishara Rana (9813574894)	37	G.E	19 29	Dhading / Bhaktapur	Aman Basnet Anushka Basnet	M F	8 9month	3	-ve -ve	+ve (1 st contactless) -ve(2 nd , involved in delivering plastic glasses)	Supportive husband
5.	Geena Kumur (9807672017)	30	G.E	16	Sindhuli (Dudhauri-3)	Kiran Kumur Kishani Kumur	M F	13 6	6 2	-ve +ve	+ve (mason, supportive)	Involving herself in agriculture for livelihood.

6.	Indira Thapa Magar (9844042632)	40	G.e	20	Sindhuli (Ka.Na.Pa-6)	Roshani Thapa Magar	F	17	11	-ve	+ve (death)	With everyone support she is now involved in organization.
7.	Kamala Gajurel (9841315192)	38	G.e	16	Dhading/ Kuleshwor	Alisha Gajurel	F	18	12	-ve	+ve (death)	Involved in press work.
8.	Mina Magar (9812074988)	38	12 pass	19	Sindhuli (Ka.Na.Pa-5)	Liumba Magar	F	19	11	-ve	+ve (drug addict, divorce)	Worked in organization, support from family and friends
9.	Nirmala B.C (9849551128)	28	G.E	23	Sinduli (Bardibas-3)	Nischal B.C	M	4	Balbi kash	-ve	+ve (labor work in Kathmandu)	Her husband denied accepting the fact of being self-positive and left her alone with son.
10.	Panchamaya B.C (9827755635)	35	G.E	13	Sindhuli (Dudholi-7)	Inna B.C Bina B.C Mina B.C Shivani B.C	F F F F	16 14 5 2	9 9 Balbi kash	-ve -ve -ve -ve	+ve (agriculture)	Support from family members.
11.	Patali Tamang (984504491)	55	G.E	21	Sindhuli (Phikkal-1)	Pashang Dhong Tamang Karuna Dhong Tamang	M F	28 21	Mast er +2	-ve -ve	+ve (death killed during Maoist insurgency, retired Indian army)	ART started 2 yrs ago , she take infection in casual way not knowing the fact
12.	Rajani Majhi (9823170457)	30	G.e	20	Sindhuli (Marin-3)	Ashika Majhi Adesh Majhi Ayush Majhi	F M M	9 6 2	3 1	+ve -ve -ve	+ve (mason, supportive)	Started Art 6 yrs ago.

13.	Sarita B.c (9812059382)	29	G.e	15	Sindhuli(Ra nibas-14, Bhiman)	Smirita B.C Pragya B.C	F F	11 8	6 3	-ve -ve	-ve (involve in agriculture, supportive)	Started ART 3 years ago.
14.	Sunita Tamang (9817609220)	36	G.e	19	Sindhuli Dhudhauri- 1)	-	-	-	-	-	-ve (divorce)	She was health worker in her place where she used to clean medical equipment's like (Syringes) without using gloves
15.	Susmita Thapa Magar (9844557623)	27	G.e	14	Sindhuli Golanzor-7	Asthika Thapa Magar Akariti Thapa Magar	F F	12 6	7 1	-ve -ve	+ve(Death)	Fought for herself in society and establish own identity

Annex: 4

List of students scholarship Program 2078(2021/2022)

S.N	Name of student	Age	Sex	Grade	Name of school	Status	Guardian's name	Contact.no
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DANG								
1	Rabin Rawat	15	M	9	Fortynine English Secondary School	Affected	Bhagwati Rawat	9848074423
KATHMANDU								
2	Saugat Raut	9	M	3	Himalayan Happy Children Academy	Affected	Bishnu Raut	9810257207
3	Rabika Tamang	13	F	7	Mahalaxmi English High School	Affected	Rupa Tamang	9861549640
4	Lidiya Maharjan	9	F	2	Eden Garden Sec Boarding School	Affected	Laxmi Maharjan	9813431546
5	Tanuja Ale Magar	4	F	Nursery	Pragyan Academy	Affected	Muna Magar	9849158985
6	Aakankshya Tamang	8	F	2	Greenland High School	Affected	Padam Tamang	9841648634
7	Asish Chauhan	10	M	5	Laboratory Secondary School	Affected	Nirmala Chauhan	9841967290
8	Bhibhusa Bista	7	F	1	Pawan Prakriti English Higher sec school	Affected	Basundhara Subedi Bista	9841799052
9	Binta Budhathoki	16	F	10	Green Hills Academy	Affected	Sabina Budhathoki	9849003666
10	Tika Singh Bista	15	M	9	Himalayan Happy Children Academy	Infected	Shova Rai	9861640784
11	Indu Budhathoki	5	F	UKG	Green Hills Academy	Affected	Sabina Budhathoki	9849003666
12	Sushanna Panta	6	F	UKG	Shree Padma Prakash Secondary School	Affected	Nirjala Panta	9869685705
13	Ranjit Budhathoki	18	M	12	Shree Bansbari Secondary School	Infected	Sarswati Budhathoki	9849679877
14	Dinesh Surkheti	18	M	11	Himalayan International Ideal School	Affected	Bishnu Suekheti	9808103281
15	Dipisha Rana	16	F	10	Samakhushi English Boarding School	Infected	Moti Maya Rana	9843726079
16	Bishesta Khadgi	16	F	10	Blue Wren International Boarding	Affected	Mira Khadgi	9808992200
17	Bishal Sunchyauri	20	M	11	Capital Hill College	Infected	Kamala Bishwakarma	9803547754
18	Pratik Karki	10	M	3	Best Group Vision English School	Infected	Pampha Karki	9818940771
19	Arbin Bishunke	12	M	5	Phutung Mavi	Affected	Sarsawati Thapa	9802897748
20	Bibesh Magar	10	M	1	Vinayak English High School	Infected	Kabita Magar	9860279624
21	Arjun Lama	19	M	12	Shree Gita Mata Mavi	Affected	Sona Lama	9861879238
22	Binita Karki	10	F	4	Sahara National School	Affected	Maiya Karki	9844307466
23	Riyana Rai	11	F	5	Tarun Madhyamik Vidyala	Affected	laxmi Maya Rai	9808829777
24	Alisha Gajurel	18	F	12	Ideal Model School	Affected	Kamala Gajurel	9841315192
25	Dinwsha Parajuli	8	F	3	Shree Guhyeshwori Bal Sikshya Sec School	Affected	Bina Parajuli	9863349124
26	Arpita Singh (Binita)	15	F	8	Caribbean	Infected	Balkumari Basnet	9840000189
27	Suajma Tamang	6	F	1	Nepal YMC Child Care Center	Infected	Anju Ghalan	9865024186
LALITPUR								

28	Bipana Ghalan	11	F	5	Carribbean	Infected	Balkumari Basnet	9812382519
29	Rita Darji	14	F	6	Carribbean	Infected	Balkumari Basnet	9812382519
30	Rima Ale	11	F	4	Carribbean	Infected	Balkumari Basnet	9812382519
31	Laxmi Deuba	11	F	5	Carribbean	Affected	Balkumari Basnet	9812382519
32	Nima Gole	12	F	4	Carribbean	Affected	Balkumari Basnet	9812382519
33	Unnati Gole	6	F	LKG	YMC school	Infected	Balkumari Basnet	9812382519
34	Prashna Sunar	11	F	3	YMC school	Infected	Balkumari Basnet	9812382519
35	Man Singh Ale	13	M	6	Carribbean	Affected	Balkumari Basnet	9812382519
CHITWAN								
36	Sandip Poudel	19	M	11	Narayani Namuna M.B	infected	Mina Poudel	9845182282
37	Bisal Karki	16	M	11	Chitwan M.B	infected	Sunita Karki	9845691269
38	Shristi Adhikari	10	F	6	Valmiki Shikshya Sadan	Affected	Maya Adhikari	9845633510
39	Sushila Sunar	15	F	8	Shree Divya Kalika English School	infected	Fhul Maya Sunar	9807292228
40	Saraswati Adhikari	14	F	9	Shreepur M.B	infected	Ganesh Adhikari	9865022031
41	Shusan Gurung	14	M	11	Shree Shushukalyan Aadaharbhut Bidyalaya	infected	Tilkumari Gurung	9817209180
42	Tej Kumar Basyal	17	F	12	Narayani Model Sec School	Affected	Bhagwati Basyal	9845182172
43	Sharada Adhikari	16	M	10	Shreepur M.B	infected	Ganesh Adhikari	9865022031
44	Aayus Dahal	14	M	7	Narayani Public School	infected	Sita Dahal	9845122393
45	Prem Puri	13	M	5	Janjivan M.B	infected	Chandrakal Puri	9845247578
GORKHA								
46	Kristila Devkota	13	F	6	Shree Brindawati Secondary School	Affected	Krishna Devkota	9808080500
47	Srijana Saru	15	F	10	Shree Mirkot M.V	Affected	Sushila Saru	9827140669
48	Bikash Nepali	12	M	6	Jeewan Jyoti Sec School	Infected	Lakshmi Nepali	9806636452
49	Ganesh Dhakal	16	M	10	Shree Gyanudaya M.V	Infected	Kalu Dhakal	9846765744
50	Santosh Gaire	13	M	7	Shree Ratna Laxmi M.V	Infected	Kamala Gaire	9815770433
51	Shusmita Sunar	18	F	12	Xavier International College	Affected	Janu Sunar	9806525438
JHAPA								
52	Rashni Thapa Magar	17	F	11	New Sidhasthali English Boarding School	Affected	Indira Thapa Magar	9815835241
53	Samechhya Poudel	16	F	10	Shree Pragatrti Uccha M.V	Affected	Bhim Paudel	9807910204
54	Dibisha Bhetwal	13	F	8	Shree Gauriya Aadharabhut V	Infected	Rita Bhetwal	9814721233

55	Prajwal Serma	14	M	8	NIDI Secondary School	Affected	Bhagi Rami Subba	9807940154
56	Priti Serma	17	F	12	NIDI Secondary School	Infected	Bhagi Rami Subba	9807940154
57	Yaliza Bhetwal	15	F	10	Shree Gauriya Aadharbhut V	Affected	Rita Bhetwal	9814721233
58	Jishan Thapa	9	M	4	Solidarity International Academy Sec School	Affected	Sujan Thapa	9845067081
MAKWANPUR								
59	Yesrun Nepali	14	M	9	Siddhartha M.v School	Affected	Kopila Nepali	9813003133
60	Samridi Ghimire	13	F	9	Shree Krishna Adarsha	Infected	Durga Ghimire	9845105654
61	Roj Tamang	15	M	9	Manhari Rastriya Rotary M.V	Affected	Ramesh Tamang	9845717053
62	Bikram Gurung	15	M	9	Ananda Vairabi Lower Secondary School	Affected	Sukumaya Gurung	9816255224
63	Pritam Bal	17	M	11	Shree Yuba Barsa Ganga Adharbhut School	Affected	Shova Bal	9812205195
64	Apsara Sunar		F	7	Shree Mahindra MAVI	Affected	Parbati B.K	9825262771
65	Nahor Bhandari	9	M	5	Shree Adhunik rastya mavi	Affected	Narayan Bhandari	9860988380
66	Saurabh Acharya	18	M	11	Navajyoti M.V	Affected	Keshav Acharya	9817224414
67	Subina Gurung	12	F	7	Ananda Vairabi Lower Secondary School	Affected	Shreemaya Gurung	9812232375
68	Sneha Karki	14	F	10	Iris English Academy	Affected	Sarita Karki	9845728140
NAWALPARASI								
69	Pawan Mahato	15	M	8	Shree Barcull Secandory School	Affected	Janaki Mahato	9811189730
70	Sirjana Maharjan (Rana)	17	F	9	Shree Sarswati Sanskrit & General Sec School	Infected	Rajan Maharjan	9848598041
71	Rohit Mahato	13	M	7	Shanti Nikunja Secondary School	Infected	Jagi Ram Mahato	9819452080
72	Sandip Shrestha	11	M	6	Shree Sahid Smiriti Community School	Affected	Fhul Maya Shrestha	9807108510
73	Saniya Khatun	14	F	8	Maheshpur Munlight School	Infected	Sarita Lama	9804414858
74	Ajay Kewat	19	M	11	Jaganath Secondary School	Infected	Indramati Kewat	9806977283
75	Shova Musahar	12	F	7	Tribhuvan Ma V School	Infected	Rajkesor Musahar	9806900309
76	Sohan Lamechhane	14	M	8	Sarswati Secoday School	Infected	Tulsi Lamichhane	9827184565
77	Sandip Thanet	16	M	11	Shree Gyanodaya Secondary School	Infected	Menuka Thanet	9819483100
PALPA								
78	Sangita Sunar	13	F	7	Shree Tribhuvan Sec School	Infected	Sukmaya Sunar	9847307245
79	Manish Pachbhaiya	17	M	11	Shree Divya Jyoti Sec School	Affected	Kunti K Pachbhaiya	9811973878

80	Aarati Pariyar	13	F	9	Shree Janakalyan Sec School	Infected	Krishna Maya Pariyar	9805149065
81	Alina Resami	18	F	11	Shree Bhagwati Sec School	Infected	Durga P Resmi	9867804532
82	Prakash Thapa	14	M	9	Shree Bhagwati Sec School	Affected	Sita Thapa	9861956088
83	Dipak Jaisee	17	M	11	Shree Dobhan Sec School	Infected	Kala Jaisee	9867583399
84	Sushil Rana	17	M	11	Shree Bhaskar Sec School	Affected	Radhika Rana	9847348955
85	Khuman Kumal	8	M	5	Shree Kalika Aadharbhut School	Affected	Reshikala Kumal	9867780412
86	Sabina Kumal	11	F	6	Shree Nawadurga Secondary School	Affected	Dinesh Kumal	9812900171
87	Pawan Reshmi	15	M	10	Shree Bhagawati Secondary School	Affected	Durga Reshmi	9847170140
88	Ram Sharan Adhikari	17	M	10	Shree Janabikash Higher Ma V School	Affected	Lalumaya Adhikari	9812919459
89	Sharmila G.C	16	F	11	Shree Kalika MA VI	Affected	Kamala G.C	9862562642
SYANGJA								
90	Saurabh Nepali	14	M	8	Shree Lakshmi Adharbhut V	Affected	Rekha Nepali	9823123715
91	Aashu Lamsal	14	F	8	Chaitanya Yawani P.V	Infected	Radha Lamsal	9819123615
92	Sudikchya Gurung	15	F	10	Shree Tribhuvan Adarbhut V	Infected	Chaumaya Gurung	9846366267
93	Sristi Ramadam	15	F	8	Shree Bajre Bhangjyag Sec School	Infected	Kalpana Ramdan	9816680276
94	Bhushan Thakur	12	M	7	Tribhuwan Adarsha Sec School	Infected	Pramila Thakur	9815184964
95	Praktishya Thapa	17	F	12	Shree Jangariti Nimna m.v School	Infected	Chameli Thapa	9846344958
96	Binit Thapa	19	M	11	Shree Sarbajanik Uccha M.V	Affected	Sita Thapa	9843728218
97	Sunita Khadka	13	F	5	Shree Ramdi P.V	Infected	Punam Thapa	9814145530
98	Keshor Gurung	16	M	10	Shree Manakamana M.V	Affected	Yamansingh Gurung	9846533249
99	Dekika Mahato	15	F	10	Shree Dabunga Thati M.V	Affected	Sushma Mahato	9846297489
100	Kshitiz Pariyar	15	M	9	Shree Kalika Sec School	Affected	Maya Pariyar	9819151183